

LAUNCHPAD

DARE TO BE BRAVE

Purpose

To prepare a young person for the launch into the world of work by growing inner strength and skills for personal differentiation.

Values



Care: We care about one another, nature, relationships, our place of work, and ourselves.



Curiosity: We ask questions, never stop learning, expand on our skill and knowledge base.



Courage: We dare to be brave.



Connection: We cherish relationships because we live in the Connection Economy.

If you wish to achieve worthwhile things in your personal and career life, you must become a worthwhile person in your own self-development.
Brian Tracy

DESIGNED FOR



Small Holders and Micro-farmers
Young people in the community
Any community member in upliftment programmes

HOW WILL YOU GROW?



Know and understand others better
Understand workplace expectations and behave appropriately
Develop emotional intelligence
Become strong through vulnerability
Optimise communication skills
Develop sound relationships
Develop personal power

WHAT WILL YOU EXPERIENCE?



Learn, play, laugh, discover, apply, practice, know and do
Learn from self as one among others
Undertake uncomfortable self-discovery
Practice-by-doing during and after sessions
Capture learning on ME&U
Challenge and be challenged
Formulate thinking

DELIVERY



Duration: Four consecutive days
Venue: In-house at venue of client's choice
Group size: 30 participants

FOR SUCCESS



Presentation of Personal Commitment

Programme structure and content

LAUNCHING MYSELF INTO THE BIGGER WORLD:

MAKING A PERSONAL COMMITMENT

BUILDING SKILLS FOR MY BIG LAUNCH

1. Time management
 - Prioritising goals
2. Using my personal energy optimally
3. Optimising communication skills
 - Verbal communication
 - The human moment
 - Listening skills
 - Written communication skills
4. Followership
5. How can I perform better
6. Networking
7. Business etiquette
8. How to dress for work
9. How to manage one's immediate space
10. Personal Power
11. Morality (Ethics)
12. Curiosity

GETTING MY INNER ME READY FOR MY BIG LAUNCH

1. Diversity knowledge of groups
 - Age diversity
 - Cultural diversity
 - People with disabilities
 - Gender diversity
 - Personality Types
2. Emotional intelligence
 - Self-awareness
 - Self-regulation
 - Self-motivation
 - Empathy
 - Social skill
3. Personal vulnerability
 - Why do people avoid being vulnerable
 - Benefits of vulnerable behaviour
4. The power of being positive
 - Why attitude is important
5. Happiness
 - Inner happiness
 - Tips for happiness

THE WORLD I NEED TO LAUNCH INTO

Learning framework

- How to use the programme as a personal launchpad by practicing self-leadership
 - Reflection journaling
1. The Connection Economy
 3. IMPACT: The way to work and deliver
 4. Change and its effect on people
 5. How to make the transition from student to work life
 6. Resiliency: The way to deal with change



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